About Athletics

Intercollegiate Athletics

The mission of the Principia College Athletics Program is to offer students a vigorous physical activity curriculum that encourages spiritual growth and character development, creates opportunities to learn and master new skills, and provides a forum for achieving competitive excellence. The goal of Principia's athletics program is to help students maintain a balance between intellectual pursuits and a competitive athletic enterprise that complements the development of the whole person.

Principia offers nine NCAA intercollegiate programs for women and eight for men. We also offer intercollegiate rugby as a varsity program for men. The women compete in basketball, cross country, soccer, softball, swimming, tennis, indoor and outdoor track & field, and volleyball. Men compete in baseball, basketball, cross country, rugby, soccer, swimming, tennis, as well as indoor and outdoor track & field. Principia is a member of the National Collegiate Athletic Association (NCAA) Division III, the St. Louis Intercollegiate Athletic Conference (SLIAC), and National Collegiate Rugby. For information about any of the above-mentioned sports including schedules and rosters, visit www.principiaathletics.com.

Physical Education

Principia provides students with a broad-based curriculum of lifetime physical education courses which support the graduation requirement. (See Liberal Arts Distribution Requirements (http://catalog.principiacollege.edu/general-education-program/liberal-arts-distribution-requirements/) for a description of the GEPE attribute. See Physical Education: Activity Courses (http://catalog.principiacollege.edu/courses-instruction/courses/pe/) for a list of PE courses.)

Intramural Sports

Student Life offers an active program of intramural athletics. Sports played in intramurals include soccer, beach volleyball, and basketball. Students participating enjoy friendly competition generally organized by house.